

People Games Worksheet

This sheet is a summary about the strategy of **'People Games'** and why it's effective for improving your little one's language development.

1 What are People Games?

People games are engaging, physical activities that involve interactive play between you and your child, without the need for toys. In these games, you become the central element of fun, making you the toy. Examples of people games include peekaboo, tickles, swinging in a blanket, horsie rides, chase, "Ring Around the Rosie," "This Little Piggy," "Pat-a-cake," "Round and Round the Garden," and hide and seek. These games are called "people games" because they focus on interaction with people rather than toys, enhancing your child's communication and interaction skills through playful engagement.

2 Why is it effective for improving communication skills?

People games improve language development because they are repetitive and predictable, helping children learn actions and words through repetition. Without toys, children can focus better on your actions, sounds, and words. This direct interaction allows parents to notice and respond to their child's communication signals. Additionally, the fun nature of these games makes children more motivated to participate and communicate.

People Games Examples:

These are a list of example 'People Games' that you can play with your little one during play time.

People Games
Peekaboo
Knock Knock, Who's There
Tickles
Hide and Seek
Simon Says
Nursery Rhymes
Round and Round the Garden
This Little Piggy